

Veritas Academy

Interpersonal Communication

Course Outline

Duration : 3 Days courses 3 session (3 hours per session)

Out come

1. Gain knowledge and skills in interpersonal communication skills and techniques
2. Can practice interpersonal communication skills while delivering topical messages

Content with session plan

Day-01 (3 hours)

	Session duration	Content	Methodology	Materials required
1	20 min.	Introduction, session objectives and expectations	Game, Individual activities	Game item, name card, Poster
2	60 min.	Inter-personal communication skills	Case analysis, small group work, question and answer	Pen, white paper, flip paper, markers, VIP cards, role play script
	10 min.	Break Time		
3	45 min.	Modes of communication Individual, group, centralized, campaign	Miking, personal communication, meeting, Q&A	Chong made of paper, flipchart
4	45 min.	Materials use in communication and communication barriers	Small group work, question and answer	pens, white paper, flip paper, markers, VIP cards,

Day-02 (3 hours)

	Session duration	Content	Methodology	Materials required
1	10 min.	Preview last day's session	Quiz	VIIIP card, poster paper
2	60 min.	Communication in Social and Behavior Change	Case Analysis, Small Group Work, Question and Answer	Posters, Markers, White Flip sheets

3	50 min.	Communication strategies with illiterate people	Questions and answers	Pen, white paper, flip paper, markers, VIPP cards
	10 min.	Break Time		
4	50 min.	Message analysis for targeted population	Role plays, Debates, individual work, Question and answer	Flip sheets, VIPP cards, Markers

Day-03 (3 hours)

	Session duration	Content	Methodology	Materials required
1	10 min.	Preview last day's session	Quiz	VIPP card, poster paper
2	45 min.	Rumors (Characteristics, Causes and Management)	Role Play, Question and Answer	Flipchart, VIPP card, Sign Pen
3	45 min.	Communication Tree	Large group work, question and answer	Poster on Communication tree, written vipcard, flipchart, vipcard, sign pen, VIPP card
	10 min.	Break Time		
4	60 min.	Interpersonal Communication: Practice with Sector Messages	. Role Playing ,individual work, Question and Answer	Flip sheets, VIPP cards, Markers
5	10 min.	Course review and closing	Presentation Individual activities	

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